



GRASVENOR AVENUE INFANT SCHOOL

PE Policy

DATE RATIFIED: End Spring Term 2018

REVIEW DATE: End Spring Term 2019

Aims:

- To develop pupils' physical, emotional health, development and well-being.
- To provide for pupils' increasing self-confidence through an ability to manage themselves in a variety of situations.
- To promote positive attitudes to health, hygiene and fitness.
- To develop pupil's skills through learning a range of physical activities including those acquired in after school clubs.

Objectives:

- To develop the ability to plan a range of movement sequences, organise equipment and apparatus and design and apply rules.
- To develop the ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement-related activities
- To improve observational skills and the ability to assess the effectiveness of performance
- To develop knowledge of safety factors and an appreciation of the principles of safe practice
- To develop communication skills, encourage the use of appropriate terminology and promote the skills necessary for effective co-operation
- To challenge all children in PE, including the more able pupils and signpost appropriately.

Learning and Teaching

- A balance of individual, pair work, and team work; co-operative and competitive activities that challenge each pupils' abilities and preferences. A unit of work should be based on progressive learning objectives which, combined with flexible and varied teaching styles, provide appropriate, stimulating, and challenging learning situations for all pupils.
- PE is to be considered as a vehicle for facilitating access to cross-curricular themes and skills in addition to it being a subject concerned exclusively with the acquisition of motor skills and techniques.

Organisation/Blocks of Work:

- PE follows the government guidelines of providing at least 2 hours a week for each child during school time.
- We base our planning on the requirements of the National Curriculum and use resources such as Val Sabin, Top Play, Top Gymnastics and Top play cards to meet the statutory and individual requirements.
- A range of games and activities are provided to challenge pupils' abilities and preferences to promote an understanding of the benefits of exercise
- Safety is paramount at all times.

Assessment and Record Keeping:

- Foundation Stage update Physical Development profiles, evidence recorded onto Evernote in the form of photos and notes.
- KS1 write post-it notes about any significant needs or achievements. Evidence recorded onto Evernote in the form of photos and notes.

Health and Safety:

Apparatus and equipment is checked regularly under a maintenance contract. Teachers report breakages and damage to the School's Caretaker. Children are required to bring a change of clothing for PE lessons including appropriate footwear for outdoor lessons. All jewellery, apart from stud ear-rings needs to be removed and placed in a safe place. Long hair must be tied back at all times. Risk assessments are carried out according to the BAALPE Safe Practice book

Equal Opportunities:

The PE curriculum and out of school sporting opportunities will be accessible to all children irrespective of their ethnic background, gender, disability or religious or linguistic background. Children with special educational needs will have full access to the PE curriculum.

Swimming

All Year 1 and 2 go swimming at Underhill School and Children's Centre unless they have a doctor's note to excuse them.